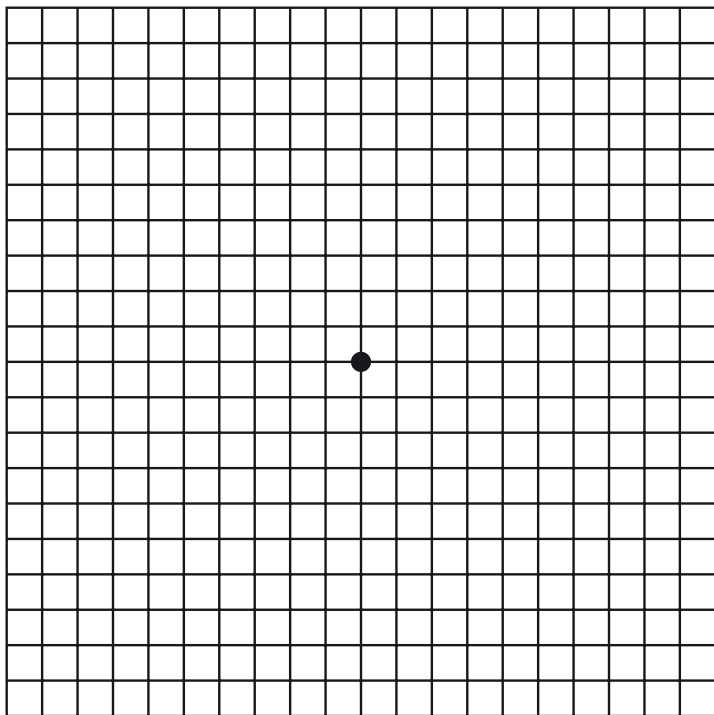


AMSLER GRID

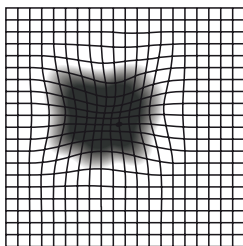


The Amsler Grid is used to test for and monitor symptoms of Age Related Macular Degeneration (AMD).

It should not be depended upon for diagnosis.

Instructions:

- 1.** Do not remove glasses or contact lenses normally used for reading.
- 2.** Hold grid at eye level approximately 33cm away in a well lit room
- 3.** Cover one eye and focus on the centre dot with the uncovered eye (make sure the eye is fully covered)
- 4.** Repeat with the other eye



If the grid lines are wavy, broken or distorted, or if there are blurred or missing patches, this may be a symptom of AMD